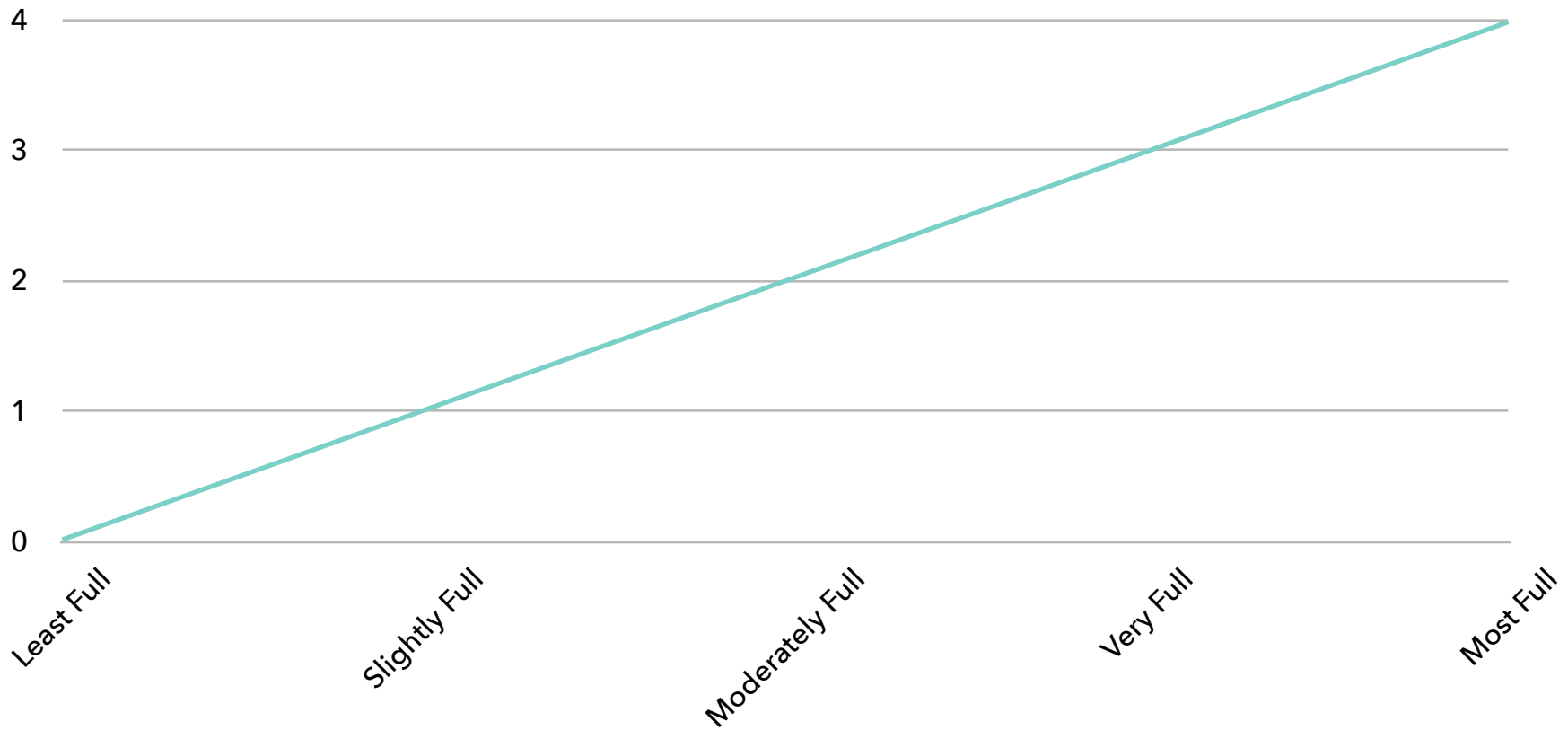


# FULLNESS SCALE



**Associated Sensations:**

- No distention of stomach
- Absence of fullness sensations

**Associated Sensations:**

- Earliest stretch of stomach
- gentle sensation of stretch or distention
- subtle sensations

**Associated Sensations:**

- Moderate stomach stretch or distention
- Not painful or uncomfortable sensations

**Associated Sensations:**

- Significant stomach stretch or distention
- Stomach may press on diaphragm and make it harder to breathe
- Pants may feel tight
- May feel lethargic after eating

**Associated Sensations:**

- Notable stomach stretch or distention that may feel uncomfortable
- Pants may feel so tight we want to unbutton or loosen
- May want to lay down
- May feel lethargic and want to sleep
- May experience gastrointestinal distress
- May feel difficult to breath
- May feel ill

