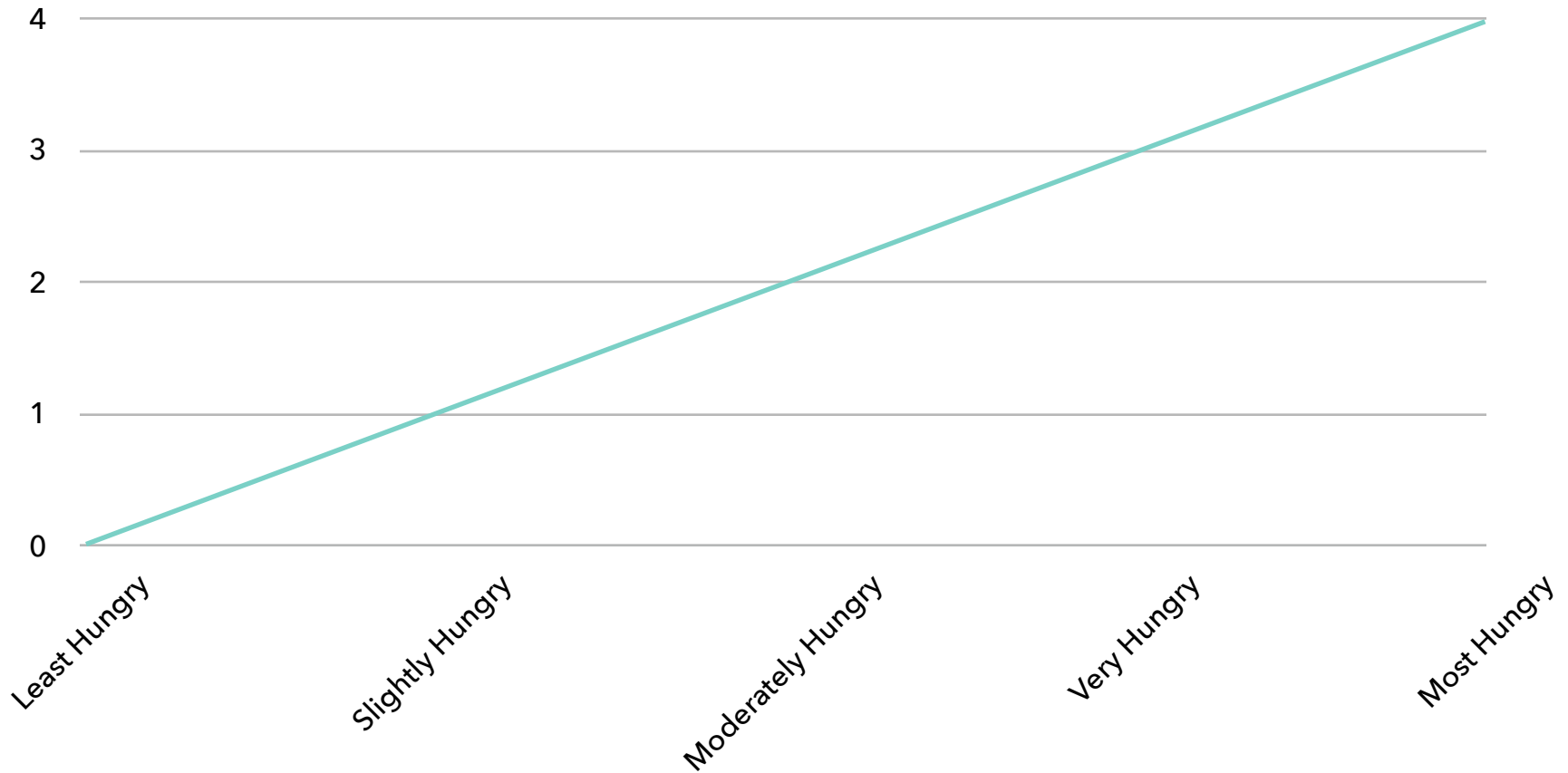


HUNGER SCALE



Associated Feelings:

- Absence of hunger symptoms
- Could feel satiated or full

Associated Feelings:

- Slight rumbling in stomach
- Slight churning of acids
- Empty feeling in stomach

Associated Feelings:

- Stomach rumblings
- Churning of acids
- Slight uncomfortable feelings behind ribcage

Associated Feelings:

- Intense stomach rumblings and churning
- Drop in blood sugar

Associated Feelings:

- Fierce stomach rumbling and churning
- Lightheadedness
- Uncomfortable feelings behind your ribcage area
- Headache, fatigue, dizzy, faint

